

## Alcohol: Myths and Facts

### Myth

- 1 I can give my child a taste of alcohol or allow them to drink, as long as they do it at our house.
- 2 High tolerance is a sign of accomplishment or symbol of manhood.
- 3 It's okay if a young person drinks beer or wine instead of hard liquor.
- 4 A young person is okay to drive if they've only had a drink or two.
- 5 Drugs are a bigger problem than alcohol.
- 6 People who drink too much only hurt themselves.
- 7 It's difficult for teens to get alcohol.
- 8 My child isn't drinking at their friend's house. Parents are watching them.

### Fact

- 1 It is illegal for minors to consume alcohol, no matter where they consume it or who gives it to them. Giving a child alcohol at a young age dramatically increases their risk of becoming an alcoholic later in life.
- 2 High tolerance is an early warning sign of alcohol dependence.
- 3 Beer and wine have the same amount of alcohol per drink as whiskey or other liquors. One glass of beer is equal to one serving of liquor.
- 4 Any person under the age of 21 operating a vehicle with a .02 percent blood-alcohol level or above can be given a DUI. This can be from just one drink.
- 5 Alcohol kills more young people than cocaine, heroin, and every other illegal drug combined.
- 6 Every person who drinks has a mother, grandfather, sister, aunt, best friend, boyfriend or girlfriend who worries about them.
- 7 Two out of three teens say it is easy to get alcohol from their homes without parents knowing about it.
- 8 One in four teens has attended a party where minors are drinking in front of parents

